**LIST OF COUNSELORS FOR REFFERAL**

\*Brunson, Meagan 828-332-5908 meaganbrunsoncounseling@gmail.com Trauma trained, Insurance

\*Cottrell, Amanda cottrellag@gmail.com Restoration Therapy

\*Duni, Kyle kyledunilcsw@gmail.com 828-434-6562 Telehealth, Insurance, EMDR

\*Figueroa, Henry 828-415-5461 Insurance

\*Fox, Kelsea 828-618-4891 Trauma trained

Garner, John 336-838-1644 Care Net Counseling, Wilkesboro

\*Gee, Gene 828-457-8227 Insurance

Goddard, Anna 828-260-1670 annagoddardlpc@gmail.com EMDR

\*Greene, Jennifer jgreenecounseling@gmail.com 828-367-7963 EMDR

\*Halterman, Christine 828-202-7938 Psychology Today @Pathway, Banner Elk, insurance EMDR

Herman, Heather 336-290-1396 heather.herman@joyspringcounseling.com

\*Holliday, Lucy 828-278-9229 lucyhollidaycounseling@gmail.con Insurance, Restoration Therapy, Certified EMDR

Holmes, Sarah 828-382-8527 sarah@mountainbreezecounseling.com Attachment Theory, Couples, Insurance

\*Laricchiuti, Anthony 919-694-6885 ADHD, Trauma, not EMDR

\*Lile, Jesse 828-538-4233, jlile@couplescounseling-nc.com Couples

McNeil-Isaacs, Ida 828-265-0190 EMDR

\*Miller, Christy 828-964-8510, millermftllc@gmail.com Insurance, Certified EMDR

Miller, Rebecca 704-727-8066 Telehealth only, Self-pay [www.livingwellcw.com](http://www.livingwellcw.com) EMDR

Orr, Jo Ann 828-394-2417x5 jo@highcountrycounseling.org Insurance, EMDR

\*Putnam, Meg 828-832-8041, mgpcounseling@gmail.com Insurance, Brainspotting, MVBCBoone.org/counseling

\*Richard, Nancy 828-538-2097 nsrichard94@gmail.com Insurance

\*Roark, Robyn 828-832-8041 mvbcboone.org/counseling

Rudisill, Sophie 919-626-8762 srudisilllcsw@gmail.com perinatal, CERTIFIED EMDR

Safferstone, Nicole [www.drerincounseling.com](http://www.drerincounseling.com) Sliding scale, EMDR

Sesemann, Erin 828-332-5315 [www.drerincounseling.com](http://www.drerincounseling.com) Brain Injury Specialist, LMFT EMDR

Shakir, Teresa 828-574-4489, 301-758-8590 tshakir@soulstorycounseling.com

Skulicz, Kristen 716-271-5208 kristens42@msn.com @Alchemy EMDR

Stone, Audrey 828-330-8654 Psychology Today Insurance, EMDR

Strong, Mary 828-263-3919 strongme@appstate.edu Addictions, after 5, weekends, CERTIFIED EMDR

Thibodeau, Jane <https://www.janethibodeau.com/individuals> Somatic EMDR

Vannoy, Mike 828-386-6087 mvonnoycounseling@icloud.com CERTIFIED EMDR

\*Westbrook, Tabitha 919-891-0521 [www.thejourneyandtheprocess.com](http://www.thejourneyandtheprocess.com) CERTIFIED EMDR and consultant, group of 7 therapist, telehealth or in-person intensives

\*Williamson, Marianne 828-832-8041 mariannecounseling@gmail.com Insurance, EMDR, short-term only, women MVBCBoone.org/counseling

\*Zerkle, Jessica 828-295-2837 Boone, LCSW

Zimmerman, Joan 828-964-9211 jzimmermantherapy@gmail.com EMDR

Center for Emotional Health 704-237-4240 contact Lindy in Boone

Clear Perspective 828-475-0149 Morganton, Tami Grossen

\*Cornerstone Counseling Center 828-322-4941 439 First Ave, NW, Hickory NC EMDR Therapist - Shirley Huffman, Debra Rhodus, Tammy Mumford